

Examples of how Denbighshire practitioners have worked with individuals and their carers to provide creative and innovative solutions to the provision of respite

1. Adult with learning disabilities and Down Syndrome.
Support budget used to pay a support worker to provide 1:1 support, which allowing for family to take weekend breaks and holidays. When the family needed a more substantial respite break, the support budget was used to purchase plane tickets for the citizen's sister to fly from Europe to stay and provide care.
2. Adult with severe physical disability. Traditional respite in care home did not meet need as citizen became too distressed when there. Family wanted to look at alternatives. Citizen now uses a support budget to stay with friends and family, and also for friends and family to come to stay at citizens home. Feedback is that citizen is more accepting of respite and no longer becomes distressed when going elsewhere.
3. Adult with learning disabilities and Down syndrome. Support Budget used for citizen to go away for a week with a support worker to allow for parents to have their respite. They have also used some of the support budget for son to go and stay with family/friends for occasional nights and weekends. Family were firmly against using traditional forms of respite in a care home setting.
4. Adult with severe physical and sensory impairment. Long term care and support plan agreed with person and his partner to support both their well-being needs. At review a high risk of carer breakdown was evident and the need for respite was identified. The couple identified a residential activity centre offering a range of accessible activities alongside the twenty four hour support with activities of daily living required to meet the person's care and support needs. The Carer was able to have a holiday knowing that the cared for person was safe, well and also happy. Financial assistance was provided via a combination of local authority support budget and a charitable funding stream.
5. Older person with dementia & frailty. Pooling of Carer and cared for's support budgets, and own finances to employ a Personal Assistant at home as an alternative to respite in a care home whilst Carer went on holiday.